

SANDWICHES SALAD STODAY I'll be

WRAP

having lunch from...

ADAM & JOE'S



GOURMET CATERING & EATERY

BURGERS RICE BOWLS

954-771-7226 www.AdamAndJoes.com

WE DELIVER DIRECT!

Save over 30% vs 3rd Party Delivery! Delivery Fee \$3.49

6355 N Andrews Ave, Ft Lauderdale Open for Lunch Monday-Friday 10:30a-2p

FREE COOKIES WHEN YOU ORDER ONLINE TOIN THE REWARDS PROGRAM AND GET FREE FOOD

New Year Special! Add Grilled Chicken to your Salad, only 'till Jan 31. 2025



wo lunch specials will go head-to-head every week for the quarter. The winning dish stays on for next year and a new delicious dish will be created for next years menu matchup, allowing you to shape the menu for '26!

Available Jan 2-Mar 29 2025

\$14.99

MONDAY

MARRY ME CHICKEN

An internet viral favorite - Creamy Italian herb sun-dried tomato sauce with seasoned Chicken served over housemade mashed potatoes and green beans. Served with Focaccia Garlic Bread VS

CHICKEN SALSA VERDE

Blackened Chicken in a pesto cream sauce served with Penne Pasta. Served with Focaccia Garlic Bread.

ESDAY

CREAMY GARLIC ITALIAN

Italian style meatballs in a creamy garlic sauce made from the pan drippings with Penne Pasta and topped with Mexican
Oregano. Served with Focaccia Garlic Bread. VS

CRISPY CHICKEN RISOTTO MARSALA

Slightly aldente creamy Marsala Risotto with crispy Chicken and topped with creamy Mushroom Marsala sauce and Mexican Oregano. Served with Focaccia **Garlic Bread**

NESDAY H

BALSAMIC GHAZZED MEATILOAF

House-made Meatloaf topped with Balsamic Glaze and served with fresh Mashed Potatoes.

VS

M3:VHO(:17 W3HHI)(6:KO) House-made Meatloaf blanketed with Puff Pastry and topped with creamy Mushroom Gravy served with fresh Mashed Potatoes.

THURSDAY

HOUSE MEAT LASAGNA

Made with imported San-Marzano tomatoes and lots of love. Served with Focaccia Garlic Bread.

SHORTHRIB RAND HIW THE Short-Rib Ravioli with a Fig. Prosciutto Balsamic Cream Sauce. Served with Focaccia Garlic Bread.

FRIDAY

BUTTALO MACTOLIZES Gourmet Mac made with Cavatappi pasta

topped with Crispy Chicken, hot Wing Sauce, and Bleu Cheese Dressing.

VS

BBO PORK MASHED BOWL House-made Pulled Pork covered in sweet Memphis style BBq sauce over fresh Mashed Potatoes topped with Corn Bread Crumble and Pickled Red Onions.

Healthy Options

Two bonus everyday specials!

MEDITERRANEAN CHICKEN THIGHS
Grilled Boneless Chicken Thighs served with
Roasted Lemon Potatoes and Grilled Green Beans.

ESTO SALMON BOWL

Grilled Salmon topped with Pesto and Balsamic Glaze served with a Roasted Vegetable Medley.

TO PLACE YOUR ORDER: 954-771-7226



THE BLACK PIG \$14.99

Discovered in London, England, this delicious sandwich will change you! Traditionally made with Roast Pork, you can choose Crispy Chicken or a Beef Burger Patty as well. Starts with Salsa Verde(Italian Salsa), Pepper s'otto Olio(Sweet & Hot Pepper Relish), Honey Truffle Mayo, Apple-Arugula-Red Cabbage Slaw on a Toasted Ciabatta Bread topped with fresh grated Parmesan Cheese.

CHICKEN PESTO BALSAMIC \$13.99

Grilled Chicken, Fresh Mozzarella and Provolone Cheese, Tomato and Pesto Sauce served on Ciabatta

CHICKEN PARMESAN \$13.99

Hand Breaded Chicken Breast, Provolone Cheese, Marinara Sauce and Arugula served on Focaccia

\$13.99

Grilled Ham, Salami, Cappicola, Fresh Mozzarella, Tomato, Red Onions, Arugula & Garlic Spread served on Ciabatta

CHICKEN MILANESE \$13.99

Hand Breaded Chicken Breast, Arugula, Fresh Mozzarella, Tomato, Basil, Balsamic Glaze served on Ciabatta

ARY'S BRONX BOMBER \$13.99

Grilled Chicken with Bacon, Provolone, Grilled Onions, Hot Peppers & Chipotle Ranch served on Ciabatta

PRIME RIB \$14.99

Slow Cooked Prime-Rib of Beef. Caramelized Onions, Bacon, Swiss and Cheddar Cheese with Creamy Horsey Sauce served on Ciabatta

TUNA HOT HOT HOT! \$13.99

Tuna, Provolone, Hot Peppers, Red Onion, Tomato & Garlic Spread served on Ciabatta

B-T-AVOCADO \$13.99

Bacon, Sun Dried Tomato Aioli, Avocado, Tomato, Swiss and Fresh Mozzarella Cheese served on Focaccia

ROASTED VEGGIE STACK

Roasted Eggplant, Roasted Red Peppers, Tomato, Fresh Mozzarella, Pesto Aoili, Arugula and Balsamic Glaze served on Ciabatta

Tuna Salad, Swiss, Tomato, Arugula, and Roasted Red Pepper Aoili served on Focaccia

THE AUBERGINE CLASSIC \$13.99

Eggplant, Fresh Mozzarella, Grilled Onions, Fried Peppers, Balsamic Glaze & Garlic Spread served on Ciabatta

THE MESSY MALONE \$13.99

House-made Pulled Pork in a Sweet Memphis BBq Sauce topped with Cheddar Cheese, Honey Truffle Slaw and Crispy Onions. Served on a TOASTED Brioche Kaiser.

STEAK PHILLY

\$12.99

A healthy portion of Grilled Meat, Provolone Cheese and Sautéed onions. Horsey sauce available upon request.

TERIYAKI CHICKEN

\$12.99

Teriyaki Grilled Chicken, Sautéed Onions and Mushrooms on a toasted sub roll

MEATBALL PARM

\$11.99

Italian Meatballs, Provolone Cheese and Marinara Sauce on a toasted sub roll

\$12.99

With Mojo Pulled Pork, Ham, Swiss, Yellow Mustard & **Pickles**



6oz Beef or Vegan Organic Veggie Burgers on White or Honey Oat Wheat Buns.

NOW SERVING HOUSE-MADE POTATO CHIPS \$2.49 & SWEET POTATO CHIPS \$3.49 TRY SOME WITH A **DIPPING SAUCE!**

THE CHEESE BURGER \$9.99

With Lettuce, Tomato and House Aioli

BACON CHEESE BURGER \$10.99

With Lettuce, Tomato and House Aioli

MUSHROOM ONION CHEESE BURGER \$10.99

Lettuce, Tomato, Swiss, Grilled Onion & Mushrooms and House Aioli

BLEU CHEESE BACON BURGER \$10.99

Crispy Bacon, Crumbled Bleu Cheese, Lettuce, Tomato and House Aioli

BBQ RANCH BURGER \$10.99

Swiss Cheese, Bacon, Grilled Onions Lettuce, Tomato and BBQ Ranch Dressing

PESTO BURGER \$11.99

Pesto Aioli, Balsamic Glaze, Fresh Mozz, Provolone, Tomato, Roasted Red Peppers, Arugula on a toasted Ciabatta

'SMOKIN' CHIPOTLE BURGER \$10.99

Swiss Cheese, Bacon, Fried Crispy Onions, Lettuce, Tomato and Chipotle Ranch Aoili

THE HONEY MUSTARD BURGER \$10.99

Crispy Bacon, Swiss Cheese, Avocado, Mustard Sauce.

THICHS! Add Grilled Chicken

Add to any Salad: Grilled Chicken Breast, Blackened Chicken, Hand Breaded Crispy Chicken, Tuna Salad, Chicken Salad, or Organic Veggie Burger \$4.59: Grilled Salmon \$6.99

Joe's Caesar Salad (395cal) Regular \$9.99 Smaller \$7.99 Crisp Romaine Lettuce, Parmesan Cheese and Croutons. Mixed with our Homemade Caesar Dressing

GF Greek Salad (227cal) Regular \$12.99 Smaller \$9.99 A Bed of Lettuce, Feta Cheese, Red Onion, Tomato, Green Pepper, Olives, Cucumbers, Red Peppers and Oregano

Adam's House Salad (169cal) Regular \$9.99 Smaller \$8.49 A Bed of Lettuce, Carrots, Cucumber, Tomato, Sunflower Seeds & Croutons

GF <u>Cobb Salad</u> (390cal) \$14.99

A Bed of Lettuce, Bacon, Crumbled Bleu Cheese, Egg, Avocado, Sprouts and Tomato

GFO Strawberry Pecan Salad (251cal) \$14.99 Fresh Strawberries, Candied Pecans, Crumbled Bleu Cheese, Tomato, Red Onion, Over Lettuce. Try it with our House-made Poppy Seed Dressing

Mexican Tortilla Salad (305cal) Regular \$11.99 Smaller \$8.99 Crispy Tri-color Tortilla Strips, Monterey Jack & Cheddar Cheese, Avocado, Corn, Tomato, Diced Hot Cherry Peppers over a Bed of Lettuce

GFO California Club Salad (400cal) \$14.99 Bacon, Avocado, Egg, Tomato, Sprouts, Cheese, Lettuce, Carrots, Sunflower Seeds, Croutons

GFO The Head Chef Salad (608cal) \$16.99 Turkey Breast, Ham, a Blend of Shredded Cheeses, Tomato, Egg, Cucumber, Carrots & Croutons over A Bed of Lettuce

GF V The Super Green (231cal) Regular \$14.99 Smaller \$11.99

Spring Mix, Spinach, Shredded Kale, Brussel Sprouts, Radicchio, Cabbage, Carrots, Tomatoes, Cucumbers, Garbanzo Beans, Almonds & Craisins

Chinese Salad (220cal) Regular \$10.99 Smaller \$8.99 Chow-mein Noodles over a bed of Lettuce, Shredded Carrots, Mandarin Oranges & Sunflower Seeds. Try it with our house-made Sesame Ginger Dressing

V <u>Crunchy Asian Salad</u> (382cal) **\$14.99** Lettuce, Shredded

Kale, Brussel Sprouts, Radicchio, Cabbage, Shredded Carrots, Sliced Red Peppers, Cucumbers, Almonds, Mandarin Oranges, Cilantro & Chow Mein Noodles

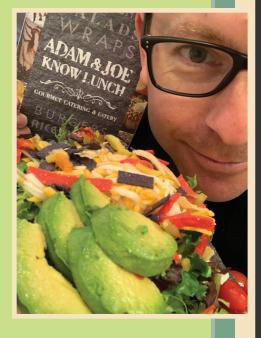
GFO BBO Ranch Salad

(500cal) \$13.99 Bacon, Tomato, Corn, Black Beans, Monterey Jack and Cheddar Cheese, Avocado and Crispy Onion Straws

over a Bed of Lettuce. Try it with our BBQ Ranch Dressing

Pineapple Mint Salad (500cal) \$11.99 Red Cabbage, Red Onion, Roasted Red Peppers, Carrots, Cucumber, Fried Seasoned Garbanzo Beans over a bed of Romaine Lettuce served with Housemade Pineapple Mint Dressing.

Dressings: Hidden Valley Ranch(270cal), Italian(230cal), Bleu Cheese (480cal), 1000 Island (250cal), Honey Mustard (325cal), Oil/Vinegar (380cal), Honey Balsamic Vinaigrette (210cal), BBQ Ranch (325cal), Chipotle Ranch (250cal), Sesame Ginger (210cal), Caesar (300cal), Lemon Garlic (320cal), Lemon Wedges (0cal) and Fat Free Raspberry Vinaigrette (50cal), Pineapple Mint Extra Dressing \$2.49



to your Salad, only

\$1.99

'till Jan 31. 2025

Build UR Own Salad 🚥 🗸

Start with a bed of Romaine or Spring Mix or Arugula(\$1)

\$10.99

Choose up to 5 toppings: (included)

Green Peppers

Black Beans Hot Cherry Peppers **Mandarin Oranges** Carrots Olives Corn Cranberries Red Onion Crispy Onion Straws Chow Mein Noodles Croutons Sprouts Cucumber Sunflower Seeds Egg Tomatoes Garbonzo Beans Tortilla Strips

Add Salad Extras (\$1.79 each)

Mixed Shredded Cheese Crumbled Bleu Feta Fresh Mozzarella Cheddar Swiss Real Bacon **Candied Pecans** Provolone Avocado

Add a Protein (4.99 each)

Chicken Crispy Chicken **Blackened Chicken** Tuna Salad Chicken Salad Organic Veggie Patty Hummus Grilled Salmon \$6.99

EGEL SANDWICH CO

Adam suggests enjoying your Siegel Sandwich on House-made Tomato or Sesamo Focaccia Bread. Also available: White or Wheat Sub Roll, Ciabatta, Sliced White or Wheat Bread or Plain, Wheat or Gluten Wrap.

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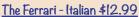
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SERV



Ham, Cappicola, Salami, Provolone Cheese, Onion, Green Peppers, Hot Peppers, Lettuce, Tomato & Italian Dressing

Gourmet Tuna \$12.99

Tuna Salad, Provolone Cheese, Hot Peppers, Onions, Lettuce, Tomato & Italian Dressing

<u>So L.A. \$13.99</u> Turkey, Avocado, Swiss Cheese, Sprouts, Lettuce, Tomato & House Aioli

Joe's Club \$12.99

Turkey, Bacon, Swiss Cheese, Lettuce, Tomato & 1000 Island Dressing

The Funky Chicken \$13.99

Chicken Salad, Avocado, Swiss Cheese, Sprouts, Lettuce, Tomato & House Aioli

Charlie's Favorite \$12.99

Tuna Salad, Avocado, Swiss Cheese, Sprouts, Lettuce, Tomato & House Aioli

Velvet Steam Roller \$12.99

Chicken Salad, Bacon, Swiss Cheese, Lettuce, Tomato & House Aioli

Rule Britania \$13.99

Roast Beef, Cheddar Cheese, Creamy Horseradish Sauce, Lettuce & Tomato

The Jaw Breaker \$12.99

Turkey, Ham, Swiss Cheese, Lettuce, Tomato & House Aioli

Beef on Coccia \$13.99

Roast Beef, Roasted Red Pepper Aoili, Fresh Mozzarella, Lettuce and Tomato

Sundried Turkey \$13.99

Turkey, Provolone, Cucumber, Tomato, Arugula, Sundried Tomato Aoili

Gentleman Soprano \$12.99

Sliced Ham, Salami, Hot Ham Capicola, Fresh Mozzarella, Tomato and Red Onion. With Salsa Verde(Italian Salsa), Pepper s'otto olio (Hot and Sweet Peppers Relish), Arugula with House Aioli and Sweet Balsamic glaze. Served on House-made baked Focaccia Bread.

Turkey \$12.49

Oven Roasted Turkey Breast with Swiss Cheese, Lettuce, Tomato, House Aioli & Italian Dressing

Roast Beef \$13.99

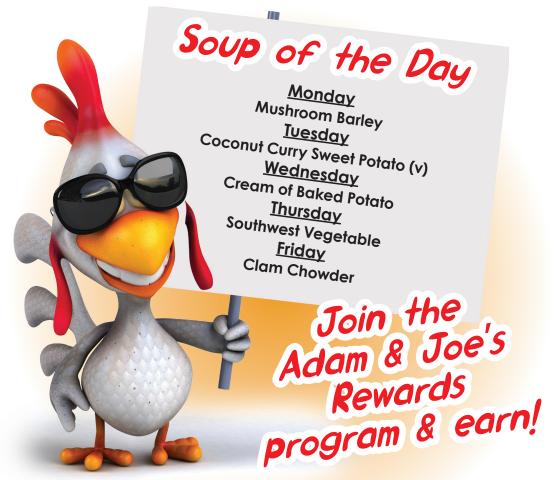
Roast of Beef with Swiss Cheese. Lettuce, Tomato, House Aioli & Italian Dressing

Chicken Salad \$11.99

All White Meat Chicken Salad made in house with Swiss Cheese, Lettuce, Tomato, House Aioli & Italian Dressing

BLT \$11.99

Mounds of Fresh Crispy Bacon with Lettuce, Tomato, House Aioli & Italian Dressing





Shanghai Jae's RICE BOWLS

TERIVAKI RICE BOWL \$14.49

Broccoli, Red Peppers, Sautéed Onions and Mushrooms & Teriyaki Glaze over Rice

GF CHIMI BOWL \$14.49

Plantains, Black Beans, and House-made Chimichurri Sauce served over Rice

THAI RICEBOWL \$14.49

Sautéed Onions, Red Cabbage, Carrots, Red Peppers & Sweet Thai-Peanut Sauce over Rice

GF CILANTRO BOWL \$14.49

With Rice, Black Beans & Fresh Made Salsa

STIR FRY BOWL \$14.49

Shredded Kale, Brussel Sprouts, Radicchio, Cabbage, Carrots, Grilled Onions, Red Peppers & our Teriyaki Sauce served over Rice

<u>SOUTHWEST STXLE RICE BOWL</u> \$14.49

Sautéed Onions, Red Peppers, Black Beans, Corn, Sour Cream, Homemade Salsa and Cheese over Rice

BBG RANCH BOWL S14.49

With Corn, Black Beans, Jack and Cheddar Cheese, Avocado, Cucumber and Crispy Onion Straws, served over your choice of base

\$14.49 <u>HARVEST BOWL</u>

NEW Basmati Rice, Carrots, Red Cabbage, Cucumbers, Sweet Potatoes, Crispy Onions, Cilantro, Pineapple Mint Aoili

Build CR Own Bowl \$14.49

<u>CHOOSE ONE</u>

<u>BASE</u>

- Cilantro Basmati White Rice
- Raw Kale Mix
- Cooked Kale Mix
- Lettuce

CHOOSE ONE

PROTEIN

- Grilled Chicken
- Blackened Chicken
- Grilled Steak \$+
- Salmon \$+ Pulled Pork Organic Ve
- Organic \
 Burger \$+ Veggie

CHOOSE YOUR TOPPINGS

- Black Beans
- Grilled OnionsGrilled Green

- **Peppers**
- Grilled
- Mushrooms
 Sweet Potato
 Crispy Onions
- Sour Cream
- Fresh Tomato Salsa
- LettuceShredded
- Cheese
- Guacamole

All bowls served with choice of Grilled Chicken, Crispy

Chicken, Pork, Eggplant or Organic Veggie Burger.

Grilled Steak and Salmon available for additional charge. Served over White Basmati Rice.

Brown Rice additional charge.

Cilantro Lime SauceChipotle Ranch

CHOOSE A

 Teriyaki Sauce Thai Peanut SauceChimichurri Sauce

SAUCE

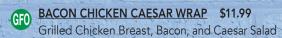
Pineapple Mint Aioli

House-Made Potato Chips & **Sweet Potato Chips**





GLUTEN FREE



GFO CHICKEN PESTO WRAP \$11.99 Grilled Chicken, Pesto Sauce with Roasted Red Peppers, Tomatoes, Fresh Mozzarella, and Lettuce

GFO GREEK CHICKEN WRAP \$11.99 Grilled Chicken, Feta Cheese, Green Peppers, Red Onions, Olives, Tomato and Lettuce with Honey Balsamic Dressing

TUNA CRUNCH WRAP \$11.99

Tuna Salad, Crunchy Carrots, Chowmein Noodles, Crisp Lettuce & Tangy Sesame Ginger Sauce on the side

TUNA VEGGIE WRAP \$11.99

Tuna Salad, Carrots, Cucumber, Tomato, Lettuce, Red Onion, and Sprouts

GFO FAJITA WRAP \$11.99 Grilled Chicken Breast, Sautéed Onions and Peppers, Rice, Cheese, Salsa and Sour Cream

GFO HUMMUS VEGGIE WRAP \$11.99

Hummus, Shredded Carrots, Lettuce, Tomato, Cucumber, Red Onion, Alfalfa Sprouts, Almonds and Red Pepper Almond Sauce

THE PARIS HILTON (IT'S HOT!) \$11.99 Crispy Chicken, Provolone Cheese, Grilled Onions, Arugula and Chipotle Ranch on the side. (Wimps can choose Ranch!)

ISLAND BURRITO \$11.99 House-made Roast Pork, Sweet Plantains, Roasted Red Peppers, Avocado, Arugula, Chimi Aoili

TROPICAL CHICKEN WRAP \$12.99 Blackened Chicken, Carrots, Cucumber, Arugula, Cilantro, Red Cabbage, Red Onions, Avocado, Pineapple

Mint Aoili on side MATTHEW MCCONAUGHEY WASABI TUNA ROLL UP \$12.99 A Viral sensation... Tuna Salad, Wasabi Sauce, Avocado,

> Cucumber, Red Onion, Corn and Crushed Potato Chips. CRISPY CHICKEN CHIPOTLE CAESAR WRAP \$12.99 Crispy Chicken with House-made Chipotle Caesar Sauce, Bacon, Sauteed Mushrooms, Spinach, Red Onion and



Lemonade & rnold Palmer

Straight Up Mint Strawberry Mint **Blueberry Mint** Pineapple Ginger

Parmesan Cheese.

Cherry Limeade

Strawberry Lime \$3.99

Side House Salad \$3.99 Side Caesar Salad \$3.99 Potato Chips \$2.49 Sweet Potato Chips \$3.49 12oz Can Soda \$1.79 24oz lced Tea \$2.49

24oz Water \$2.29 **Chicken Noodle Soup** Cup \$3.99 Bowl \$5.99 **Chocolate Chunk** Cookie \$1.99